

MY IISMA JOURNEY

IISMA SAPIENZA UNIVERSITY OF ROME 2022





LIFE AS A SAPIENZA STUDENT

Sapienza University is one of the oldest colleges in Rome and has many campus around the city. I study three courses there; Performing Arts, Global Humanities, and Fashion in Audiovisual.

The education system is quite different from ITB, where there isn't any attendance, so we are only required to register for exam sessions. The exam takes many forms, such as group projects, academic essays, and oral exams. We would attend the classes alongside other international students. Although, at first, I was anxious, the lecturers were very helpful and allowed us to discuss among fellow students to help better understand the subjects.

WHEN IN ROME

Living abroad alone is quite challenging and easily one of the things I feared during this program. Adapting to a new environment with a different language and culture can be taxing. Understanding habits like how restaurants can close in the middle of the day or Italians only don't eat savory food for breakfast helped me to navigate things around.

It took me a while to grasp their lifestyle, but over time Rome felt like a second home. Using public transportation isn't intimidating anymore, and each day I am more confident conversing in Italian. This process has taught me to be more brave and open towards change.



TRAVELING ACCROS EUROPE

Of course, one of the things I'm excited about is to travel across Europe. Traveling has also taught me things like making itineraries, budgeting, and preparing for emergencies. These are a few of the countries that I get to visit during my time there:

- France
- Switzerland
- Germany
- Hungary
- Belgium
- Austria
- Czech
- Netherlands





HOME AWAY FROM HOME

One of the greatest things that happened to me during IISMA was meeting many amazing people along the way. Engaging in conversations and exchanging culture with people from different backgrounds has been an unforgettable memory. I also couldn't finish my IISMA journey without fellow awardees who have supported me through the ups and downs, some I considered family to me. These people are the ones that made my journey such a wonderful experience.



This program has changed me for the better. I have learned and experienced so much that I couldn't have if it weren't for IISMA. I understand better about myself and how to overcome my fears. This has encouraged me to pursue things I was afraid to do. I am also grateful to be a part of the IISMA 2023 mentoring team. Supporting and guiding fellow awardees has given me a sense of fulfillment in my own IISMA journey.

