

28 August - 1 September 2023 | Crowne Plaza Canberra, Australia

Le MiZI CAPITAL

Easy ways to register or make an enquiry









# Women in Leadership: Impact through Self Awareness

### Why Attend

Women in Leadership: Impact through Self Awareness will take participants on a journey of self-discovery and self-mastery. It will enable participants to understand and leverage their core strengths to become authentic, fearless leaders and role models who empower everyone around them.

Participants will develop leadership and coaching skills, confidence, self-awareness, and understanding of core competencies and strengths. They will identify what they want for their and their organization's futures, and the next steps to make it happen.

Through inspirational inputs and unique methodologies, Women In Leadership provides an opportunity for participants to understand that there are no glass ceilings in leadership except the ones created by our own fears and that if we change, everything else will effortlessly change around us.

"Real leaders are authentic, they touch our emotions, gain our trust and help us to feel good about who we are and what we do. They are able to tap into both their feminine and masculine leadership energies and bring their whole selves to work in a way that inspires and empowers their people to do the same." *Tiffany Kelly* 

### **Course Methodology**

The course is completely experiential and immersive and will be delivered through a mixture of inputs, discussions, group projects, individual activities and reflection.

### **Course Objectives**

#### By the end of the course, participants will be able to:

- Demonstrate authentic leadership skills, and drive transformation in the workplace
- Become role models for other potential leaders and help to create a culture that embraces and leverages diversity
- Step into leadership roles with a limitless, solution-driven mindset and develop the communication and management skills required to lead a team
- Develop self-awareness and confidence so that participants understand what they are broadcasting and how this can impact the team they are working in
- Produce an individual action plan to ensure learning is embedded in the workplace and that
  participants have the ability to empower and coach those around them

#### **Target Audience**

The Women in Leadership: Impact through Self Awareness course is for women who are either already leading others or would like to step up into a leadership role. It is for women who would like to increase confidence and overcome self limiting beliefs and those who would like to embark on a transforming and motivating path.

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# Women in Leadership: Impact through Self Awareness

## **Target Competencies**

- > Leading Others
- > Self-Awareness and Confidence
- > Communication Skills
- > Personal Empowerment
- > Creativity and Innovation

### Course Outline

## **Perception of self**

- Acts of leadership
- The hero journey
- Self awareness
- Conscious versus subconscious
- Power of beliefs
- What are we broadcasting?
- Epigenetics
- Social conditioning

# Release from fears and self-limiting beliefs

- · What self-limiting beliefs are
- How they impact on our lives
- Women and success
- Power of beliefs and fears
- Imagination and visualization
- · Whole body listening
- Understanding blame
- Overcoming fears and phobias

#### Leadership as action

- History of leadership
- Leadership as action
- Courage to act
- Authentic leadership
- Leading and being led

- Limitless potential
- Imagination, creativity and play
- Understanding self

#### Awareness of self

- Solo Reflection
- Individual and group insights
- · Making sense of the learning
- Leadership and labels
- Judgement and opinion
- Patterns of behavior and where they come from
- Energetic hug
- Commitment to change

### **Future leadership**

- · Innovate to future proof
- Anything is possible
- Find your bliss
- Creating balance
- · Empower self, empower others
- Peer coaching groups
- Commit to action
- Imagine the future

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# REGISTRATION FORM

#### Complete this form and send it to bookings@le-mizi.co.za

Women in Leadership: Impact through Self Awareness

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Regist	ration Details					
Company NameCo				у		
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Confere	ence & Workshop Opti	ons				
	VENUE	DURATION	DATE	PRICE (USD)	ACCOMMODATION PER NIGHT (Bed & Breakfast)	
	Online - Virtual Classroom	20 hours	Flexi-date	\$1,200.00	Carlhave Australia 6450 00/aiakh	
	In-House - Face to Face	Agreed with client	Flexible	Price on application	Canberra, Australia \$160.00/night	
	Canberra, Australia	5 days - Face to Face	28 Aug – 1 Sep 2023	\$2,700.00		
	Workshop	package is inclusive of	unch and refreshment	s for the course duratio	n and Certificate of attendance.	
Authorisation On behalf of the organization					Mr Mrs Ms	
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Terms & Conditions					Booking Code: CZ7766	
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Payment Terms: On the return of the registration form, full payment is required within 7 working days. Payment must be received prior to the conference date. LE MIZI CAPITAL reserves the right to refuse entry into the conference should full payment not have been received prior to this date. Substitutes are welcome at no additional charge. Substitute's personal and contact details must be emailed to info@le-mizi.co.za, the full conference fee is payable and non – refundable. Non-payment or non-attendance does not constitute cancellation. No show will be charged the full registration fee. Cash alternatives will not be offered.

Presenters: Should it be necessary, LE MIZI CAPITAL reserves the right to substitute the presenter with a suitable and capable substitute.

Alterations to advertised package: LE MIZI CAPITAL reserves the right to alter this programme without notice or penalty and in such situations no refunds or part – refunds or alternative offer will be made.

Cancellation & Postponement: LE MIZI CAPITAL has strict no refund policy, Should LE MIZI CAPITAL permanently cancel an event, for any reason whatsoever; the Client shall be provided a credit note of the equivalent amount paid towards the cancelled event. In the case of a postponed or cancelled event LE MIZI CAPITAL will not be responsible for covering airfare, accommodation, or other travel cost incurred by Clients.

Hotel Accommodation: A reduced corporate rate and a limited number of rooms are available for attendees wishing to stay at the hotel venue. Please make your request for the accommodation at least 3 weeks prior to the commencement of the course

**Specials:** Group bookings: If your organization enrolls five or more delegates simultaneously for all the days, you can qualify for special rates. Please enquire with the Training Director. Please note that this discount may not be used in conjunction with other discount offers.

We also offer in-house trainings at a special discount



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www.le-mizi.co.za